

# Suggested Questions

## *Finding Hope in Crisis* Grace Fox

*“Forgetting about God’s presence and empowerment leads to wrong thinking.”*

1. You start by saying you have had enough trials to make your writing credible. What have you faced in recent years?
2. Why do we tend to see weakness as a hindrance instead of a blessing?
3. What is God’s solution to worry?
4. Why do you think life’s hard places change us? Is that God’s plan all along?
5. When life seems unpredictable and out of our control how do we learn to trust that God is in control?
6. Some of us tend to pull back and withdraw in crisis. Is this helpful or hurtful?
7. How do we see beyond our pain when that’s where we are living at the moment?
8. You write that underlying peace is possible in the midst of trials and sorrows. How do we learn to embrace this?
9. You encourage readers not to fret about the past or worry about the future. Any advice about how to do this?
10. You remind us that even in the midst of a pandemic that God never practices social distancing. Still, we need human contact too don’t we?
11. Our thought lives often determine our response to a crisis. Any advice on controlling our wandering and worrying minds?
12. Many people are living with a sense of despair and don’t know how to pull out of it. What’s worked for you in the past?
13. What do you mean that closed doors and impossibilities are not necessarily the whole truth?
14. Any final advice for those who feel overwhelmed by fear and need relief?

### **Biographical Sketch**

Grace Fox is a career global worker and international speaker at women’s events. Her passion is to connect the dots between faith and real life by helping others learn to love, understand and apply God’s Word. She has written nine books and is a member of First 5 writing team for Proverbs 31 Ministries. She and her husband, Gene, live on a sailboat in British Columbia. See also: [www.gracefox.com](http://www.gracefox.com).

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